

# Come & Play Bowls!

## Open Days—2019

Lundin Bowling Club will be holding Open Days on Friday 3 May from 4.00pm until 8.00pm and Saturday 4 May from 12.00noon until 4.00pm.

There will be an opportunity to try bowls with guidance from some of our experienced members. Afterwards you will be offered tea/coffee in the Clubhouse and an opportunity to sign up for 5 free coaching sessions. Also on offer will be half price subscription offers !

**Come along and join in! These will be fun days!**

## Why play bowls at Lundin Bowling Club?

- **An easy sport to learn—Free coaching!**
- **Try before you buy!**
- Great social interaction.
- Health & Wellbeing – outdoor exercise for all ages.
- Develop new skills.
- Personal enjoyment.
- Fun and competitive tournaments.
- Games with other clubs, local and further afield.
- An opportunity to make new friends. You will always be welcome.
- Join in and have fun!
- Play with partners and friends.



## Is Lundin Bowling Club for me?

- **Is bowls difficult?** Bowls is an easy sport to learn!
- **Looking to meet new people?** Bowls is an ideal way to make new friends!
- **I want a chance to enjoy exercise?** Bowls provides gentle exercise in the open air.
- **I want to play with my partner and friends?** There are many opportunities for this.
- **Is my age important?** Bowls can be played at any age by men or women.
- **How much will it cost?** Costs involved are modest, compared with most other local Clubs. There are fantastic subscription offers available.
- **What is the green like?** There is a good quality green to play on . You only need to have flat soled shoes.
- **I just want something to let me relax!** Bowls is an ideal way to wind down and to enjoy some relaxation.
- **I am a pretty competitive person. Are there opportunities to play seriously?** No problem. We have two gents teams and a Ladies team who play regularly in local leagues. There are also numerous National and Club competitions that you can play in.

**Yes—Lundin Bowling Club is for me!**

## Friendly Fixtures 2019

Month	Date	Day	Club	Section	Venue	Format	Time
April	13	Saturday	Opening of the Green?				
	20	Saturday	Buckhaven	Gents	Away	4 rinks	2.30
	27	Saturday	x				
May	4	Saturday	x				
	8	Wednesday	St Andrews	Ladies	Home	3 triples	2.00
	11	Saturday	Leven	Gents	Home	4 rinks	2.00
	18	Saturday	x				
	25	Saturday	x				
June	1	Saturday	Newburgh	Mixed	Away	5 triples	2.30
	8	Saturday	x				
	12	Wednesday	Duffus Park	Ladies	Away	2 triples	2.00
	15	Saturday	Dovecot	Mixed	Away	4 triples	2.30
	18	Tuesday	Kemback	Ladies	Away	2 triples	6.30
	22	Saturday	Beveridge Park	Mixed	Away	4 triples	2.00
	29	Saturday	x				
	30	Sunday	Strathmiglo	Mixed	Away	5 triples	2.00
July	6	Saturday	Methilhill	Mixed	Away	5 triples?	2.30
	13	Saturday	Guardbridge	Mixed	Home	5 triples	2.30
	18	Thursday	Largo	Mixed	Home	4 triples	6.30
	20	Saturday	x				
	27	Saturday	Freuchie	Mixed	Home	4 triples	2.30
August	1	Thursday	Dovecot	Ladies	Away	2 triples	2.00
	3	Saturday	Buckhaven	Gents	Home	4 rinks	2.30
	10	Saturday					
	15	Thursday	Largo	Mixed	Away	3 rinks	6.30
	17	Saturday					
	21	Wednesday	Kinburn	Ladies	Away	2 triples	2.00
	22	Thursday	Kirkcaldy	Mixed	Home	6 triples	6.30
	24	Saturday	Ladybank	Mixed	Away	4 triples	2.00
	31	Saturday	x				
September	7	Saturday	x				
	14	Saturday	Windygates	Mixed	Home	4 triples	2.30
	21	Saturday	Kemback	Mixed	Away	4 triples	2.00
	28	Saturday	Closing of the Green?				

**Improvements.** In the last two years there have been a number of important improvements at the Club. The bankings surrounding the green have been completely renewed. A new covering has been constructed over the original Clubhouse roof, thus improving the insulation of the building and eliminating the continual leaks. The car park has been completely resurfaced. The hedge which separates our green from the Sports Club will be lowered benefiting the green, which is already looking good thanks to the hard work of Colin, Allan and the team. We are grateful for the generous ongoing sponsorship of the Club by Campion Homes the development of the Club.

**Juniors**—Lundin Bowling Club has a well established Junior Section, which caters for any child of school age and under 18. The sessions run on Mondays from 3.15pm until 4.30pm. If any children wish to join in they should simply contact their school, then complete a contact sheet and come along.

### Committee – 2019

**President**—Jimmy Boal

**Secretary**—Estelle Clark

**Treasurer**—Lennox Smith

**Match Secretary**—Brenda Morrison

**Committee Members**—Donald Coutts-Wood

Kenny Berry

David Pirie



**ClubFife**  
Accredited

## What will happen after the Open Days?

Come and try bowls with no commitment!

Coaching sessions are held on Friday evenings commencing at 6.30pm. Our qualified coaches will guide you through the basics and give lots of encouragement. Quite soon you will be able to join in and play a game. Bowls will be made available for you to borrow. You only need to wear flat soled shoes (trainers are acceptable for the first year). A Club Member (a bowling buddy) will be appointed to look after you and to make you feel comfortable going forward.

You will quickly be able to join in the weekly Fun Bowling Sessions. These are held on Friday evenings when players of all abilities join together.

Come and join in!

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